

**sweat**   
**stop**

Instruction Manual  
Manual de  
instrucciones



Correctly applying the product  
is the key to success

La correcta aplicación es  
la clave del éxito

Trust the Specialist  
[www.sweat-stop.com](http://www.sweat-stop.com)

EN  
ES

# SweatStop®

## Enhance Your Quality of Life

Everyone who dislikes sweating and wants to do something about it should consider SweatStop®. **SweatStop® offers an extensive range of antiperspirants in different intensities for every part of the body.** Carefully selected ingredients such as aloe vera or panthenol (provitamine B5) ensure that the products are gentle on your skin. SweatStop® antiperspirants were dermatologically tested by Dermatest GmbH and rated "very good" on skin.

### 1. Why it works

SweatStop® antiperspirants are applied directly on your skin to fight perspiration and odour. They contain aluminium salts which inhibit perspiration. Already after having applied the product a few times, you can notice the sweat and odour-blocking effect. Selected ingredients ensure a gentle care and protection of the skin.

Follow the instruction manual carefully. Depending on the body part and dosage form the application procedure may vary.

### 2. Application (Spray, Sensitive Lotion, Roll-on)

To develop the sweat and odour blocking effect, SweatStop® antiperspirants have to be applied **right before going to bed on dry skin.**

In order for the solution to permeate and the salts to close the glands, you need to avoid anything that could lead to sweating in the hours following the application procedure.

Generally, you need to apply the product every 2–3 days. In the morning, wash or shower as usual and use a deodorant such as SweatStop® Deo (for your personal fragrance) or skin lotion if desired. You will generally notice the sweat-inhibiting effect after applying SweatStop® 1 to 3 times. In rare cases, it may take longer.



Armpit,  
Body, Back

Follow the application instructions carefully

1. Apply **right before going to bed** on **dry** skin:
  - Spray: Spray **once** (can also be applied with a piece of cotton wool).
  - Roll-on: Shake before use. Roll **once**.
  - Sensitive Lotion: Apply a small amount with your finger and rub in. According to desired intensity vary amount of lotion and duration of massage.
2. Let it dry before getting dressed in order to avoid stains.
3. Avoid perspiration after application.



Face, Forehead,  
Bald Head

## 2.1. Application on the face or on a bald head

SweatStop® Aloe Vera Sensitive lotion is the first choice. Only if required, apply a SweatStop® antiperspirant with a higher product intensity, for example the spray SweatStop® Aloe Vera Forte. SweatStop® sprays need to be put on with **a piece of cotton wool** when used on the face, forehead or bald head.



Light  
Perspiration

## 2.2. Application with light hand perspiration

SweatStop® Instant is used in the case of light hand perspiration and is applied **when required**:

1. Dry your hands
2. Apply a pea-sized amount on palms, rub in and let dry

The **effect takes place immediately** and your hands are dry for up to 30 minutes, depending on how actively you use them after putting on the product. The aluminum salts can trigger a longer term effect in cases of mild perspiration.



Increased,  
Strong  
Perspiration

## 2.3. Application with increased to strong hand perspiration

In cases of increased to strong perspiration on your hands SweatStop® Forte max is recommended. The spray generally needs to be applied on your hands on a daily basis. Use it **right before going to bed**:

1. Dry your hands
2. Spray on and massage until the solution permeates the skin. This can be repeated up to 3 times.



Light  
Perspiration,  
Bad Odour

## 2.4. Application with light foot perspiration and odour

SweatStop® Menthol Foot Powder and SweatStop® Foot Powder Stick are applied on the soles of the feet. You should use them in the morning or during the day if you feel it is needed. The powder binds sweat on the skin. In addition to menthol, the foot powder stick also contains odour-neutralizing cinnamon.



Increased,  
Strong  
Perspiration

## 2.5. Application with increased to strong foot perspiration

For increased to strong foot perspiration SweatStop® Forte max foot spray is recommended. Apply to soles of feet on a daily basis, **right before going to bed**:

1. Dry your feet
2. If necessary, remove dried-out skin layer so that the solution can permeate the skin more easily
3. Spray on and massage until the solution permeates the skin. This can be repeated up to 3 times.



## 3. Safety Instructions

**For all SweatStop® Antiperspirants please note:**

- Avoid contact with eyes, mouth, irritated or harmed skin
- Do not shave respective part of the skin for at least 48 hours before and 12 hours after the application
- Keep out of reach of children
- Note: For customers with **US delivery addresses only**: due to FDA regulation = All antiperspirants are for underarm use only.



Body

## 4. Aloe Vera ReLotion

Aloe Vera ReLotion is a skin care lotion for a combined use with an antiperspirant. The lotion is formulated from carefully selected ingredients like aloe vera, sweet almond oil, jojoba oil, avocado oil, beeswax and panthenol (provitamin B5). Its moisturizing and soothing properties harmonise the skin providing protection and care to the skin as well as a cooling effect.

#### **4.1. Application on dry or chapped skin**

When required (up to several times a day) apply on affected area of the skin.

In the evenings a SweatStop® antiperspirant can be applied as usual to combat perspiration.

#### **4.2. Application with skin irritation due to humidity**

If side effects occur despite correct product choice and usage, the cause for irritation may be the skin condition prior to product application.

Through steady perspiration, even if only moderate, the skin is permanently exposed to humidity. This condition may lead to sore skin or to bacterial inflammations which in turn lead to skin irritation. As this is not necessarily linked to a reddening of the skin, irritations are often not visible.

With its caring and soothing properties and its cooling effect, Aloe Vera ReLotion aids in disrupting this cycle. After the skin has recovered, the use of a SweatStop® antiperspirant (which inhibits perspiration and odor) is possible again without any side effects.

1. Pause the use of the antiperspirant and let skin irritations subside. Apply Aloe Vera ReLotion on a daily basis or when required.
2. After improvement: Every 2 days, apply a SweatStop® antiperspirant with a low product intensity (e.g. Sensitive) to dry skin before going to bed. Apply and massage in Aloe Vera ReLotion 10 minutes later. Repeat the application of Aloe Vera ReLotion in the mornings, during the day or if necessary.
3. After about 2–4 weeks the skin has recovered and a SweatStop® antiperspirant (possibly with a higher product intensity) can be applied without Aloe Vera ReLotion.

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